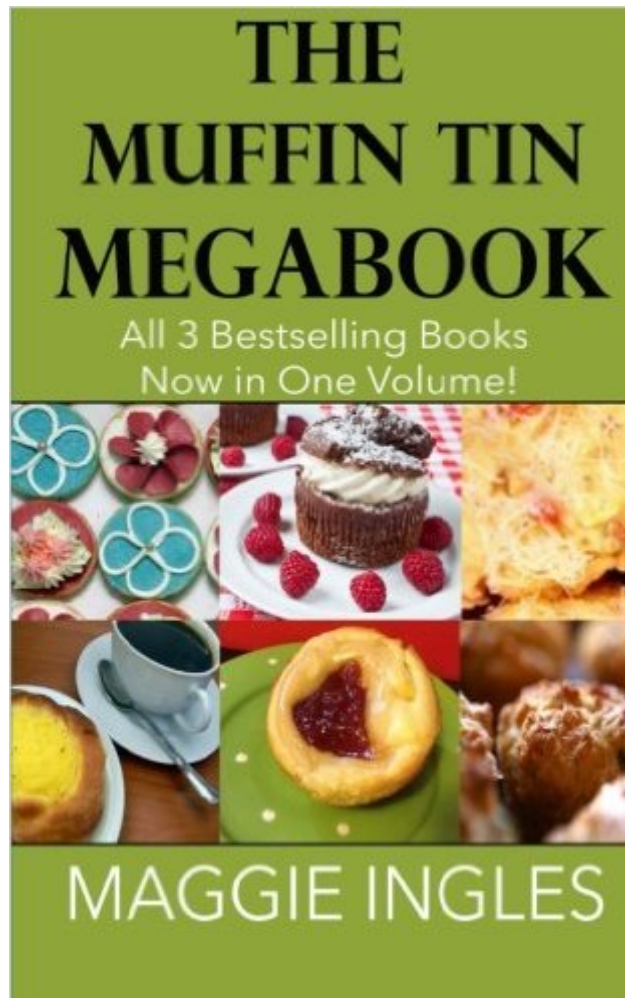


The book was found

Muffin Tin Megabook



Synopsis

These are the recipes of all three of my muffin tin recipe books â “ Muffin Tin Meals, Muffin Tin Madness and Muffin Tin Cuisine. Whether you are a newcomer to cooking meals in muffin tins or just want to thumb through a bigger collection of recipes, I hope that this collection will bring many satisfying meals and treats your way. Cut cleanup time in half or get rid of it all together! Cooking with a muffin tin eliminates a lot of steps and cuts out grease. Using paper liners makes cleanup even faster. Cut out dangerous fumes from your cooking routine. Nonstick pans have a dangerous chemical coating called perfluorooctanoic acid (PFOA) that can be fatal to birds; most other pets and even negatively affects those with respiratory illnesses. Using a coating-free muffin tin cuts those dangers out. - Make portion perfect meals. - Know exactly how much you are eating. - Cook for the week ahead. Leftover portions are easy to pack up and freeze for another day because they are so small. Instead of thawing out large amounts of food, just heat up what you are going to eat. Here is a list of the delicious appetizers, breakfasts, deserts, snacks, lunches and more that can be found in this book: Breakfast Muffins Lasagna Bites â “ Version 1 Lasagna Bites â “ Version 2 Parmesan Spinach Bites Stuffed Chicken Breast Chicken Taco Cups Mini Meatloaves Muffin Cup Corn Dogs Handheld Hash Brown Casseroles Apple Crisp Cups with REAL Apples Mini Quiche Portion-Perfect Frittatas Asian Dumplings Mini Pizzas Frozen Fruit Treats Two-Bite French Toast Handheld Bacon and Eggs Mini Chicken Pot Pie Morning Sunrise Muffins Homemade Breakfast Sandwiches Dreamy Pineapple Coconut Pies Portion-Perfect Crab Cakes Sinfully Simple Chocolate Lava Cupcakes Gourmet Lava Cakes with Mocha Sauce Mini Greek Pizzas Monkey Bread Cranberry Brie Puffs Mushroom Brie Tarts Cheddar Sausage Biscuits Spinach and Feta Bites Mini Pineapple Upside-Down Cakes Mini Pumpkin Pie Handy and Hardy Shepherd's Pies Piping Hot Dippinâ™ Burgers Mini Turkey Meatloaf Choco-Nana Bread Pudding Mac n Cheese Mouthfuls Danish Delights Pancake Fruit Cups Yogurt-Filled Granola Cups Maple Sausage Pancake Bites PB&J Muffins Mashed Potato Bake Calzones Bacon-Wrapped Egg Scramble No-Bake Mini Cheesecakes Eggplant Parmesan Ham and Egg Breakfast Fish Tacos French Toast Bowls Chocolate Nut Berry Cups Chicken Alfredo Pasta Bowl Jalapeno Cheddar Appetizers Mini Apple Pies

Book Information

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Customer Reviews

The Muffin Tin Megabook cookbook by author Maggie Ingles contains her three cookbooks worth of recipes in one mega cookbook. You will be treated a wide variety of recipes that range from sweet to savory. Some of the recipes you will find in her cookbook include: Spinach and Feta Bites Mac n Cheese Mouthfuls French Toast Bowls Jalapeno Cheddar Appetizers Mini Meatloaves Asian Dumplings Mini Pizzas There is an interactive table of contents to make navigating the cookbook easy. Recommend. Penmouse

The book has a lot of recipes, they look nice but there're a lot of shortcuts in them. The recipes always call for cake mix, pie crust and other stuff.

I recently had weight loss surgery, a gastric sleeve . This book is a lifesaver because muffin tins hold the exact amount of food we "sleevers" can eat at a meal ! I needed these recipes desperately ! And so many are adaptable to the low carb , no sugar low fat requirements. I'm so excited !

I make the recipes and keep them refrigerated so that the grandkids can raid the fridge after school. They love that.

Great cover... disappointing inside despite decent recipes that look good. No pics inside. Very poorly laid out as if I'd done it myself. Cheap. I bought it as a gift and had to go with Plan B.

I've only tried one recipe so far but ready to try more. Would lie to make up batches and freeze for quick meals later during hectic weeks.

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